



Week 1		TUESDAY 01 Oct	WEDNESDAY 02 Oct	THURSDAY 03 Oct	FRIDAY 04 Oct
SALAD		Vitamina salad	Caesar Salad(with chicken fillet)	Roasted peppers and Tomatoes	Iceberg, carrots, avocado and dried tomatoes
VEGETARIAN DISH		Rice with spinach	Vegetarian Quesadilla	Bean fritters with tomato salsa	Ratatouille
MAIN DISH WITH CHICKEN		Caramelized chicken fillet with corn in butter	Breaded chicken small leg with potato salad	Chicken steak and garnish of baked rice	Crispy chicken fillet with mashed potatoes
MAIN DISH WITH PORK/BEEF/FISH		Bulgarian Moussaka (pork)	Perch fillet with potato salad(fish)	Pork Tacos	Pork wine kebab with mashed potatoes
DESERT/FRUIT		Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Week 2	MONDAY 07 Oct	TUESDAY 08 Oct	WEDNESDAY 09 Oct	THURSDAY 10 Oct	FRIDAY 11 Oct
SALAD	Snowwhite Salad	Eastern Hummus	Traditional green salad		
VEGETARIAN DISH	Steamed vegetables with hemp seed, black quinoa and black lentil	Mushrooms with rice	Broccoli Fritters with yogurt sauce		
MAIN DISH WITH CHICKEN	Grilled chicken fillet with garnish of steamed broccoli	Chicken with rice	Chicken Cornflakes with garnish of sauteed potatoes	Parent-Teachers Conferences	Parent-Teachers Conferences
MAIN DISH WITH PORK/BEEF/FISH	Fresh Spaghetti Carbonara (pork)	Grilled Kebapche with Wedges potatoes(pork)	Salmon fillet with garnish of sauteed potatoes		
DESERT/FRUIT	Seasonal fruits	Seasonal fruits	Seasonal fruits		
Week 3	MONDAY 21 Oct	TUESDAY 22 Oct	WEDNESDAY 23 Oct	THURSDAY 24 Oct	FRIDAY 25 Oct
SALAD	Caprese Salad	Fresh salad with tuna	Greek salad	Marinated winter vegetables salad with goat cheese	Iceberg and Cherry Tomatoes Salad
VEGETARIAN DISH	Fresh pasta with tomato sauce	Stuffed peppers with rice	Roasted pumpkin with bean and zucchini	Tunisian vegetables with eggs	Potatoes and zucchini fritters
MAIN DISH WITH CHICKEN	Oven baked Turkey steak with garnish of sauteed potatoes	Chicken small legs with gravy sauce and garnish of carrots, potatoes and broccoli	Grilled chicken steak and garnish of French fries	Chicken with potatoes	Chicken wings with gravy sauce and green bean
MAIN DISH WITH PORK/BEEF/FISH	Oven baked Pork with rice	Roasted pork with garnish of carrots, potatoes and broccoli	Fish and Chips	100% Beef Burger with Wedges potatoes	Meatballs with tomato sauce(pork)
DESERT/FRUIT	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits
Week 4	MONDAY 28 Oct	TUESDAY 29 Oct	WEDNESDAY 30 Oct	THURSDAY 31 Oct	FRIDAY 01 Nov
SALAD	Tomatoes, cucumbers, fresh peppers and cheese	Eggplant with tomatoes and cheese(greek style)	Eastern Hummus with crudites	Crudites salad	Nocoise salad with tuna
VEGETARIAN DISH	Lentil stew	Stuffed pumpkin with rice and mushrooms	Italian Vegetarian Risotto with parmesan	Bulgarian Mish Mash	Potato fritters
MAIN DISH WITH CHICKEN	Grilled chicken leg with lime and spices and garnish of peas and carrots	Chicken Souvlaki with garnish of baked potatoes	Chicken Mixed grill with steamed vegetables	Mexican Chicken with vegetables	Baked chicken leg with dark beer and sauteed potatoes
MAIN DISH WITH PORK/BEEF/FISH	Lasagna Bolognese(beef)	Beef with rice	Trout fillet with steamed vegetables	Hot Dog with French fries(pork)	Stuffed Pepper with Freshly Ground beef and rice
DESERT/FRUIT	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits	Seasonal fruits

Menu of the Day

Note that a Combination of Salad + Main Course + Fruit = 8.40 BGN(without fish meal)

Note that a Combination of Salad + Vegetarian Main Course + Fruit = 8.40 BGN